

We can help with

- ☞ LGBTQI individuals, couples, friends & families
- ☞ Child & adolescent behavior problems
- ☞ Issues of special concern to Women
- ☞ Divorce & step family adjustment
- ☞ Obsessive-compulsive disorder
- ☞ Adult children of alcoholics
- ☞ Parent- child relationships
- ☞ Attention Deficit Disorder
- ☞ Family/domestic violence
- ☞ Concerns of older adults
- ☞ Sexual abuse & incest
- ☞ Anxiety & Depression
- ☞ Alcohol & drug abuse
- ☞ Couples and families
- ☞ Anger management
- ☞ Stress management
- ☞ Impulse disorders
- ☞ Eating disorders
- ☞ Life transitions
- ☞ Men's issues
- ☞ Grief work
- ☞ Trauma



Meet Sparrow and Olive, our therapy bunnies!

Keri Austin,
Licensed Massage Therapist, Reiki Master

Keri graduated from TIBIA Massage School in Madison, where she earned her certification as a Licensed Massage Therapist. Meeting others in the field opened Keri up to all kinds of modalities in natural healing. Keri took addition training to become a Reiki Master, studied intuitive energy work and the extraordinary healing benefits of Essentials Oils. Keri feels she has found her life calling and absolutely loves what she does!!



OceanHawk Counseling Alternatives



A few insurances we accept



3185 Deer Point Drive, Suite A
Stoughton, WI 53589
Phone: 608-873-7838
Fax: 877-674-2177
TEXT: 608-873-7838



appointments@oceanhawk.net
www.oceanhawk.net

OceanHawk Support Staff

Kelly Daute, Patient & Practice Coordinator
Trista Tracey, Office Support & Alternatives Coordinator
Sandi Kettle, Billing & Insurance Specialist
Chelsea Miller, Office Support & Data Mgmt
Lindsey Luebke, Office Support
Matt Felgus, MD, Medical Director

OceanHawk Counseling Alternatives



Outpatient
Mental Health
and
Substance Use Disorder
Services



Licensed by the State of Wisconsin

At OceanHawk Counseling Alternatives, LLC. we are committed to the kind of quality care that respects and considers the whole person. We attend to the ways in which our clients' physical, spiritual, family, and relationship concerns affect their emotional and mental well being.

Our Staff

Jean Daute, MS, LPC, CSAC, MAC, ICS, Clinical Director

Jean has worked in the substance abuse and mental health fields for over 30 years. She is semi-retired from counseling but continues to be an Adjunct Instructor at Concordia University, helps Stoughton Hospital with patients coming in for detox. She also supervises new counselors in getting their post graduate hours.

Tiffany Vienneau, MS, LMFT

Tiffany focuses on the strengths of an individual, while improving communication, encouraging relationship growth, and facilitating self-discovery. She is experienced in family, couples, individuals and children.

Angie Rademaker, MS, LPC-SUD

Angie believes in the process of recovery and enjoys helping clients to live their lives to the fullest. Her focus in treatment is on trauma, relationships, family systems, and alcohol and drug recovery. She sees school aged children, adolescents, and all adults. Angie is trained in Brainspotting.

Veronica Ellingworth, MS, LPC, SAC, ICS

Veronica considers the impacts of each individual's life experiences on their current beliefs and behavior, and believes every person has an abundance of strengths. Veronica strives to help clients realize their strengths and use them, not through advice giving but through supporting one's autonomy, using positive reinforcement and utilizing a strengths-based mindset. She is a certified Brainspotting.

Stephanie Spieker, MS, LMFT

Stephanie has spent most of her career assisting individuals and families who have experienced sudden changes in their lives and/or trauma. She has also worked with adolescents and teens who are building their self-esteem and identity. Stephanie believes that every person is the expert in their own experience and contains innate resilience and the seeds of the solutions they seek.

Carrie Stewart, MS, LPC, CSAC, CCTP

Carrie's experience includes providing individual, couples and group therapy for adults and adolescents. Carrie specializes in treating mental health issues such as depression and anxiety, substance/behavioral addictions, relationship issues and trauma. She is also a Brainspotting Practitioner. Carrie helps clients to live happy and productive lives.

OceanHawk Counseling Alternatives

provides a wide range of confidential services to address a variety of personal concerns. OceanHawk Counseling Alternatives, LLC serves individuals, couples, and families of all backgrounds

- ☞ Counseling for individuals, couples, families, and groups
- ☞ SUD (Substance Use Disorder) Assessments
- ☞ Brief Solution-Focused Therapy
- ☞ EMDR Approach
- ☞ Brainspotting
- ☞ Approved provider for Dane & Rock County's Impaired Driver Program
- ☞ Employee Assistance Program providers
- ☞ Urine drug screens

Groups

Adult SUD (Substance Use Disorder) Groups

- ☞ Early intervention
- ☞ Relapse Prevention—8 weeks
- ☞ Intensive Outpatient—12 weeks total



Suicide Prevention Hotline: 800-273-8255

Veterans Suicide Hotline: 800-273-8255

Domestic Violence Hotline: 800-799-7233

See our website for more information

www.oceanhawk.net

Sid Boersma, LCSW, Ph.D

Sid received his BSW from UW Whitewater, MSSW from UW Madison and Ph.D from Newburgh Seminary in Indiana. He has been a Licensed Clinical Social Worker since 1984. Sid's previous work includes Children's Service Society, the Dept. of Defense, the Dept. of Veteran Affairs, and the Red Cross. Sid specializes in Dialectical and Cognitive Behavior, EMDR, Brain Spotting and substance use disorder. He enjoys working with Adults, Couples, Families and Children, and Veterans. Sid is a US Army Vietnam Era Veteran, a father, grandpa, licensed realtor, and a musician.

Brennan Porter, MS, LPC

Brennan has experience working with mindfulness, emotional regulation techniques, career planning, life transitions, and issues facing males. He enjoys pulling from people's strengths and accomplishments, using their own skills to assist them in overcoming current and new challenges in their lives. Brennan has worked with individuals and families struggling with anxiety, depression, ADHD, mood disorders, PTSD, and people on the Autism Spectrum. Brennan primarily works with teens 12+ and adults of all ages.

Moira O'Brien, BA, MSW

Moira recently received her MSW from the University of Denver. While in graduate school, Moira interned with the United Way of Dane County providing referrals to community resources and treatment centers, and providing emotional and mental health support by telephone. She seeks to help clients leverage their individual strengths to achieve their goals using clinical techniques of motivational interviewing, cognitive behavioral therapy, solution-focused brief therapy, and person-centered theory. Moira primarily works with adolescents, teens, and adults.

